



2025 Over-the-Counter Products & Essential Food Pantry Items Catalog

Welcome!

Thank you for putting your trust in Alterwood Advantage. As a member, your quality care is our priority! To better achieve your healthcare goals, we have created this catalog to better ease the ability to order over-the-counter (OTC) products and essential food pantry items.

Each quarter, you will have an allowance that you can use to order items listed in this catalog. You have four easy ways to order – over the phone, online, through the app, or mailing in your order form. Once we receive your order, your items will be shipped directly to you within two days!

If you have any questions, please call us at 1-866-340-0627 (TTY: 711). Our team of Member Experience Advisors is available 8 a.m. - 8 p.m. local time. Language support services are available if needed, free of charge.

For all other questions, please call our member services team using the number found on your member ID card.

We look forward to serving you,



Mark Puente
President and CEO
Alterwood Advantage, Inc.

What is my Allowance?

Alterwood Advantage Select (HMO), Choice (HMO), Choice Plus (HMO), & Freedom (HMO) Members:

Members of these plans will have a quarterly allowance to order items listed in this catalog. Any allowance left over at the end of the quarter will expire and cannot be carried over into the next quarter. Your entire allowance must be used within one (1) order each quarter. Your order will be applied to the quarter that your order is received in.

Alterwood Advantage Choice Plus \$35 per quarter

Alterwood Advantage Freedom \$35 per quarter

Alterwood Advantage Choice \$35 per quarter

Alterwood Advantage Select \$95 per quarter

Alterwood Advantage Dual Secure (HMO D-SNP) & Dual Value (HMO D-SNP) Members:

Members of these plans will have a monthly allowance to order items listed in this catalog. Additionally, members with a qualifying chronic condition may also use their monthly allowance towards groceries, utilities, pest control, or housekeeping services. To activate this portion of the benefit, please call **1-866-340-0627 (TTY: 711)** or log into **Alterwood.NationsBenefits.com** and attest to your qualifying condition.

Alterwood Advantage Dual Secure \$110 per month

Alterwood Advantage Dual Value \$70 per month

*A portion of this benefit is a part of a special supplemental program.
All members may not qualify.*

Ordering Has Never Been Easier

Choose the best ordering option for you.



Benefits Pro™ Portal



To place an order through the Benefits Pro™ Portal, scan the QR code using your smartphone camera or visit: **Alterwood.NationsBenefits.com**



Benefits Pro™ App



To place an order through the Benefits Pro™ App, scan the QR code using your smartphone or search “**Benefits Pro**” in the App Store® or Google Play®.



Mail

To place an order by mail, send your completed order form using the postage-paid envelope to:

NationsBenefits
1700 N. University Drive
Plantation, FL 33322

Important: Due to the added time to receive your request by mail, we encourage you to allow extra time when placing your order. If your order is not received by the 20th of the month, it may be processed for the following benefit period. If you want your order applied to the current benefit period, we recommend placing your order online or by phone.



Call

To place an order by phone, please call **1-866-340-0627 (TTY: 711)**. Member Experience Advisors are available 8 a.m. - 8 p.m. local time.

Helpful Benefit Information



You can save time and money by using your OTC and essential food pantry item benefit allowance to order the items you need to personalize your care. We encourage you to spend your full allowance before the end of your benefit period.

Additional information about your OTC and essential food pantry item benefit is outlined below:



Benefit Usage:

This benefit is only for you and cannot be used for your family or friends.



Availability:

Items, amounts, sizes, and values are subject to change depending on availability.



Substitution:

If an item is out of stock, a similar product of equal or higher value will be shipped.



Delivery:

Please allow two business days for delivery.



Returns:

You do not have to ship products you wish to return back to NationsBenefits.



Disenrollment:

If you disenroll from your health plan, your benefits will automatically end.

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Top Selling Items



Cetirizine Allergy Tablets,
10 mg.
Count: 30 ct.

Item #: 5052 \$13.00



Cough Drops, Cherry
Count: 30 ct.

Item #: 5220 \$4.00



Cough Drops, Halls®
Count: 25 ct.

Item #: 5202 \$5.50



Cough Drops, Honey Lemon
Count: 30 ct.

Item #: 5545 \$4.00



Cough Drops, Sugar-Free
Count: 25 ct.

Item #: 5405 \$4.50



Denture Cleaning Tablets
Count: 40 ct.

Item #: 5546 \$5.50



Fixodent® Cream, 2.4 oz.
Count: 1 ct.

Item #: 5379 \$8.00



Interdental Flossers
Count: 90 ct.

Item #: 5200 \$4.50



Toothbrush, Colgate®,
Adult Medium
Count: 1 ct.

Item #: 5101 \$3.50



Toothbrush, Colgate®,
Adult Soft
Count: 1 ct.

Item #: 5505 \$3.50

Top Selling Items

Toothpaste, Colgate®, 4 oz.
Count: 1 ct.



Item #: 5047 \$6.00

Toothpaste, Crest®
Sensi-Relief, 4.1 oz.
Count: 1 ct.



Item #: 5811 \$10.50

Toothpaste, Sensodyne®
Extra Whitening Sensitive
Teeth, 4 oz.
Count: 1 ct.



Item #: 4065 \$11.50

Loperamide Anti-Diarrheal
Caplets, 2 mg.*
Count: 12 ct.



Item #: 5429 \$6.25

Clear Eyes® Eye Drops,
0.2 oz.
Count: 1 ct.



Item #: 5487 \$6.00

Cotton Swabs
Count: 300 ct.



Item #: 5385 \$5.00

Q-Tips® Cotton Swabs
Count: 170 ct.



Item #: 5608 \$6.00

Feminine Hygiene Wipes
Count: 40 ct.



Item #: 5114 \$6.00

Band-Aids®*
Count: 100 ct.



Item #: 5128 \$13.50

Disposable Gloves, Nitrile,
Large
Count: 100 ct.



Item #: 5191 \$19.00

Top Selling Items



Hydrocortisone Cream,
1%, 1 oz.
Count: 1 ct.

Item #: 5400 \$5.00



Hydrogen Peroxide, 3%, 8 oz.
Count: 1 ct.

Item #: 5227 \$4.50



Petroleum Jelly, 4 oz.
Count: 1 ct.

Item #: 5437 \$4.75



Rubbing Alcohol, 70%, 16 oz.*
Count: 1 ct.

Item #: 5541 \$5.00



Adult Washcloths Disposable*
Count: 48 ct.

Item #: 5447 \$8.50



Attends® Discreet
Women's Moderate
Bladder Control Pad*
Count: 20 ct.

Item #: 5879 \$10.00



Attends® Discreet
Women's Maximum
Bladder Control Pad*
Count: 20 ct.

Item #: 5880 \$15.00



Bathing Wipes
Count: 8 ct.

Item #: 5825 \$9.50



Disposable Underwear
Pull-Up, Medium, 34" to 44"*
Count: 20 ct.

Item #: 5883 \$17.00



Disposable Underwear
Pull-Up, Large, 44" to 58"*
Count: 18 ct.

Item #: 5882 \$17.00

Top Selling Items

Flushable Wipes*
Count: 24 ct.



Item #: 5529 \$8.00

Acetaminophen Extra Strength Tablets, 500 mg.
Count: 100 ct.



Item #: 5303 \$9.00

Aspirin, Enteric Coated Tablets, Low Dose, 81 mg.
Count: 120 ct.



Item #: 5090 \$6.00

Epsom Salt, 16 oz.
Count: 1 ct.



Item #: 4062 \$5.00

Tylenol® Extra Strength Tablets, 500 mg.
Count: 100 ct.



Item #: 5423 \$19.00

Acetaminophen Arthritis, 650 mg.
Count: 100 ct.



Item #: 5430 \$13.00

Aspirin Chewables, Low Dose, 81 mg.
Count: 36 ct.



Item #: 5073 \$4.50

Bayer® Enteric Coated Aspirin, Low Dose, 81 mg.
Count: 32 ct.



Item #: 5034 \$7.00

Ibuprofen Tablets, 200 mg.
Count: 100 ct.



Item #: 5485 \$8.50

Anti-Dandruff Shampoo, 11 oz.
Count: 1 ct.



Item #: 5390 \$6.50

Top Selling Items



Aloe Vera Cream, 6 oz.
Count: 1 ct.

Item #: 5535 \$5.50



Anti-Bacterial Wet Wipes
Count: 20 ct.

Item #: 5169 \$4.00



Calcium + Vitamin D3 Tablets,
600 mg.[†]
Count: 60 ct.

Item #: 5298 \$6.50



Centrum® Silver Vitamins[†]
Count: 125 ct.

Item #: 5001 \$23.00



Coenzyme Q-10, 100 mg.[†]
Count: 30 ct.

Item #: 5156 \$16.50



Fish Oil Softgels, 1,000 mg.[†]
Count: 60 ct.

Item #: 5140 \$14.50



Melatonin Gummy, 5 mg.[†]
Count: 120 ct.

Item #: 5358 \$18.00



Vitamin B-12, 1,000 mcg.[†]
Count: 100 ct.

Item #: 6060 \$12.00



Vitamin D3, 25 mcg.[†]
Count: 100 ct.

Item #: 5183 \$10.00



Vitamin D3, 125 mcg.[†]
Count: 100 ct.

Item #: 5749 \$10.50

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Anticandidal (Yeast)			
6017	Clotrimazole (Vaginal Antifungal 7-Day Cream with Applicator), 1%, 1.5 oz.	1 ct.	\$9.00
5016	Miconazole (Vaginal Antifungal 3-Day Cream with Applicator), 2%, 0.32 oz.	1 ct.	\$15.00
5283	Monistat® Vaginal Cream, 3-Day, 4%, 0.18 oz.	1 ct.	\$24.00
5850	Tioconazole (Vaginal Antifungal 1-Day Cream with Applicator), 6.5%, 0.16 oz.	1 ct.	\$18.00
Bathroom Safety & Fall Prevention			
4051	Bath Safety Bench without Back, Bariatric	1 ct.	\$65.00
5802	Bed Assist Bar	1 ct.	\$55.00
4159	Bed Wedge	1 ct.	\$55.00
5708	Bedside Commode*	1 ct.	\$80.00
5803	Gait Belt, 60"	1 ct.	\$15.00
5804	Gait Belt, 72"	1 ct.	\$15.00
4071	Safety Treads, Tub & Stair	1 pack	\$4.75
Cold, Flu & Allergy			
5252	Abreva® Cream, 10%, 2 gm.	1 ct.	\$26.00
5084	Acetaminophen Sinus Congestion Caplets, 325 mg., 5 mg.	24 ct.	\$8.00
5335	Afrin® Nasal Spray, 0.05%, 0.5 oz.	1 ct.	\$13.00
5790	Airborne® Chew†	32 ct.	\$14.00
4451	Benadryl® Allergy Tablets, 25 mg.	24 ct.	\$12.00
5606	Blistex® Ointment, 0.15 oz.	1 ct.	\$4.00
5344	Carmex®	1 ct.	\$3.00
5133	Cepacol® Sore Throat Lozenges	16 ct.	\$6.50
6015	Chlorpheniramine Maleate Allergy Tablets, 4 mg.	100 ct.	\$5.75
5334	Claritin® Tablets, 10 mg.	10 ct.	\$19.00
5163	Coricidin®	20 ct.	\$12.00
5338	Cough & Cold for High Blood Pressure	16 ct.	\$6.50
5126	Cough Drops, Menthol	30 ct.	\$4.00
4471	Cough Drops, Ricola® Original Herb	21 ct.	\$6.25
4472	Cough Drops, Ricola® Original Herb Sugar-Free	19 ct.	\$6.25
5690	Cromolyn Sodium Allergy Nasal Spray, 26 ml.	1 ct.	\$13.00
5399	Day & Night Cold & Flu Caplets	20 ct.	\$7.00

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Cold, Flu & Allergy			
5153	Day Cold & Flu Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	1 ct.	\$8.50
5236	Day Cold & Flu Softgels	16 ct.	\$8.50
5234	DayQuil® Liquid, 325 mg., 10 mg., 5 mg., 8 oz.	1 ct.	\$14.00
4440	Delsym® Cough Relief, 30 mg., 5 oz.	1 ct.	\$19.00
5451	Diphenhydramine Allergy Tablets, 25 mg.	24 ct.	\$4.00
5854	Diphenhydramine Allergy Tablets, 25 mg.	100 ct.	\$6.00
5855	Fexofenadine Allergy Tablets, 180 mg.	30 ct.	\$13.00
5856	Fluticasone Propionate Allergy Nasal Spray, 24-Hour, 144 sprays, 50 mcg.	1 ct.	\$24.00
5095	Green Tea Flu & Cold Honey Lemon	6 ct.	\$9.00
6028	Herpecin-L® Lip Balm, 1%, 0.1 oz.	1 ct.	\$9.00
4001	Levocetirizine Allergy Tablets, 5 mg.	35 ct.	\$7.00
5418	Loratadine Allergy Tablets, 10 mg.	30 ct.	\$6.50
5857	Loratadine Allergy Tablets, 10 mg.	90 ct.	\$14.00
6031	Loratadine Allergy Tablets, 10 mg.	365 ct.	\$25.50
5559	Medicated Lip Balm, 0.15 oz.	1 ct.	\$2.50
4070	Mentholatum® Original Ointment Vapor Rub, 1 oz.	1 ct.	\$4.75
5465	Mucinex® DM Tablets, 600 mg., 30 mg.	20 ct.	\$20.00
4475	Mucinex® Fast-Max® Day & Night Cold & Flu Liquid, 12 oz.	2 ct.	\$28.00
5464	Mucinex® Tablets, 600 mg.	20 ct.	\$18.00
5858	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release, 1,200 mg., 60 mg.	14 ct.	\$10.50
5087	Mucus Relief DM Tablets, 400 mg., 20 mg.	30 ct.	\$8.00
5691	Mucus Relief Tablets, 400 mg.	100 ct.	\$9.00
6061	Multi-Symptom Cold Formula Caplets, 10 mg., 5 mg., 325 mg.	24 ct.	\$5.75
5345	Nasacort® Allergy Relief 24-Hour, 60 sprays, 10.8 ml.	1 ct.	\$22.00
5799	Nasal Decongestant Inhaler	1 ct.	\$8.00
5081	Nasal Decongestion Spray, 0.05%, 1 oz.	1 ct.	\$5.50
5807	Nasal Rinse Kit, Saline	1 kit	\$19.00
5197	Neti Pot	1 ct.	\$14.50
5040	Night Cold & Flu Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	1 ct.	\$8.50
5083	Night Cold & Flu Softgels	16 ct.	\$8.50
5233	NyQuil® Liquid, 650 mg., 30 mg., 12.5 mg., 8 oz.	1 ct.	\$14.00

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Cold, Flu & Allergy			
5235	NyQuil® Softgels LiquiCaps®, 325 mg., 15 mg., 6.25 mg.	16 ct.	\$13.00
5005	Robitussin® DM Syrup, 200 mg., 20 mg., 4 oz.	1 ct.	\$11.00
5072	Saline Nasal Spray, 0.65%, 1.5 oz.	1 ct.	\$4.00
5693	Sore Throat Lozenges, Cherry	18 ct.	\$5.00
5694	Sore Throat Spray, Cherry, 6 oz.	1 ct.	\$6.75
5007	Thera-Flu® Multi-Symptom, Lemon, 500 mg., 20 mg., 10 mg.	6 ct.	\$14.00
4094	Tussin CF Syrup, 200 mg., 20 mg., 10 mg., 4 oz.	1 ct.	\$3.75
5015	Tussin Congestion Relief Syrup, 200 mg., 4 oz.	1 ct.	\$5.00
5023	Tussin DM Sugar-Free Syrup, 100 mg., 10 mg., 4 oz.	1 ct.	\$7.00
5008	Tylenol® Sinus Congestion Caplets, 325 mg., 5 mg.	24 ct.	\$12.50
5511	Vapor Rub, 3.5 oz.	1 ct.	\$6.00
5426	Zyrtec®, 10 mg.	14 ct.	\$25.00
Dental & Denture Care			
5700	Biotene® Dry Mouth Oral Rinse, 16 oz.	1 ct.	\$15.00
4462	Toothpaste, Biotene® Fluoride, 4.3 oz.	1 ct.	\$11.50
5330	Dental Floss, Mint Waxed	1 ct.	\$3.50
5130	Dental Floss, Reach®, Mint Waxed	1 ct.	\$4.00
4127	Dental Night Guard	1 ct.	\$30.00
5168	Dental Travel Kit	1 ct.	\$7.00
5260	Denture Adhesive Cream, 2.4 oz.	1 ct.	\$5.00
5626	Denture Brush	1 ct.	\$3.00
5808	Efferdent® Plus Mint Tablets	44 ct.	\$10.00
5204	Efferdent® Tablets	20 ct.	\$3.00
5504	Fixodent® Cream, 0.75 oz.	1 ct.	\$4.00
4073	Interdental Gum Brushes	10 ct.	\$4.75
4128	Loose Cap & Filling Repair	1 ct.	\$7.50
5195	Oral Pain Relief Gel, 20%, 0.33 oz.	1 ct.	\$5.00
5701	Polident® Denture Cream, 3.9 oz.	1 ct.	\$8.50
5809	Polident® Overnight	84 ct.	\$14.00
5810	Tongue Cleaner	1 ct.	\$6.00
4129	Toothbrush Protector	1 ct.	\$2.50
5510	Toothbrush, Adult	1 ct.	\$1.50

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Dental & Denture Care			
6051	Toothbrush, Battery Powered	1 ct.	\$21.00
5160	Toothbrush, Rechargeable	1 ct.	\$47.00
5161	Toothbrush, Rechargeable Replacement Heads	2 ct.	\$19.00
5702	Toothbrush, Soft 2-pack	1 ct.	\$6.00
5241	Toothpaste Squeezer	1 ct.	\$3.25
5102	Toothpaste, Fluoride, 6.4 oz.	1 ct.	\$5.50
5859	Toothpaste, Pepsodent®, 5.5 oz.	1 ct.	\$4.75
5421	Toothpaste, Sensitive Teeth, 4.3 oz.	1 ct.	\$5.00
4482	Toothpaste, Sensodyne® Pronamel, 4 oz.	1 ct.	\$11.50
5530	Toothpaste, Travel Size, 0.85 oz.	1 ct.	\$1.25
5294	Toothpaste, Ultrabrite®, 6 oz.	1 ct.	\$5.00
5703	Water Jet Replacement Tips	5 ct.	\$17.00
5654	Water Jet, Battery Operated	1 ct.	\$47.50
Diabetes Care			
4109	Alcohol Pads, Large*	100 ct.	\$6.00
5812	Diabetic Skin Relief Foot Cream, 4 oz.	1 ct.	\$13.00
5225	Diabetic Socks, Black, Medium, 3-pack	1 ct.	\$9.00
5223	Diabetic Socks, Black, Large, 3-pack	1 ct.	\$9.00
5860	Diabetic Socks, Black, X-Large, 3-pack	1 ct.	\$9.00
5224	Diabetic Socks, White, Medium, 3-pack	1 ct.	\$9.00
5222	Diabetic Socks, White, Large, 3-pack	1 ct.	\$9.00
5861	Diabetic Socks, White, X-Large, 3-pack	1 ct.	\$9.00
6052	Diabetic Socks, Ultra Soft Padded, Black, Medium, 2-pack	1 ct.	\$11.00
6053	Diabetic Socks, Ultra Soft Padded, Black, Large, 2-pack	1 ct.	\$11.00
6054	Diabetic Socks, Ultra Soft Padded, Black, X-Large, 2-pack	1 ct.	\$11.00
6055	Diabetic Socks, Ultra Soft Padded, White, Medium, 2-pack	1 ct.	\$11.00
6056	Diabetic Socks, Ultra Soft Padded, White, Large, 2-pack	1 ct.	\$11.00
6057	Diabetic Socks, Ultra Soft Padded, White, X-Large, 2-pack	1 ct.	\$11.00
5313	Glucose Tablets	50 ct.	\$8.00
5528	Sharps Container, 1 qt.	1 ct.	\$5.00

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Item #	Description	Count	Price
Digestive Health			
5214	Alka-Seltzer® Tablets	24 ct.	\$9.00
6004	Antacid / Anti-Gas Liquid, 12 oz.	1 ct.	\$6.00
5304	Antacid Chewables, 500 mg.	150 ct.	\$6.50
5438	Antacid Chewables, Extra Strength, 750 mg.	96 ct.	\$6.00
4063	Antacid Soft Chewables, Ultra Strength, 1,177 mg.	36 ct.	\$6.00
5060	Anti-Nausea Liquid, 4 oz.	1 ct.	\$6.00
6062	Beano®	30 ct.	\$10.00
4460	Benefiber® Fiber Supplement, Unflavored, 62 dose, 8.7 oz.	1 ct.	\$23.00
5075	Bisacodyl Suppository, 10 mg.	12 ct.	\$4.50
5213	Bisacodyl Tablets, 5 mg.	100 ct.	\$3.75
5475	Colace® Caplets, 100 mg.	30 ct.	\$20.00
5420	Docusate Sodium Stool Softener Softgels, 100 mg.	100 ct.	\$7.50
5254	Dramamine® Tablets, 50 mg.	36 ct.	\$16.00
5238	Driminate Motion Sickness Tablets, 50 mg.	12 ct.	\$2.75
5477	Dulcolax® Suppository, 10 mg.	8 ct.	\$18.00
5554	Dulcolax® Tablets, 5 mg.	25 ct.	\$12.00
5466	Effervescent Tablets	36 ct.	\$6.00
5036	Enema, Mineral Oil, 4.5 oz.	1 ct.	\$4.00
5167	Enema, Saline Laxative, 4.5 oz.	1 ct.	\$2.25
5862	Esomeprazole Magnesium Acid Reducer, Delayed Release Tablets, 20 mg.*	42 ct.	\$17.00
5079	Famotidine Acid Reducer, 10 mg.*	30 ct.	\$6.50
5021	Fiber Laxative Caplets, 625 mg.	90 ct.	\$11.00
5028	Fleet® Saline Enema, 4.5 oz.	1 ct.	\$3.75
5280	Gas Relief Chewable Tablets, 80 mg.	100 ct.	\$7.00
5009	Gas-X® ES Chewables, 125 mg.	18 ct.	\$10.00
5188	Glycerin Suppositories	25 ct.	\$5.75
4450	Imodium® Multi-Symptom Relief Caplets, 2 mg., 125 mg.*	12 ct.	\$14.50
5043	Lactaid® Tablets, 9,000 FCC	32 ct.	\$18.00
5077	Lactase Enzyme Caplets, 9,000 FCC	60 ct.	\$9.00
4122	Lansoprazole Acid Reducer, Delayed Release Capsules, 15 mg.*	14 ct.	\$8.00
4064	Loperamide Anti-Diarrheal Liquid, 1 mg., 4 oz.	1 ct.	\$6.00

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Digestive Health			
4042	Loperamide Simethicone Anti-Diarrheal & Anti-Gas Caplets, 2 mg., 125 mg.*	12 ct.	\$6.00
5801	Magnesium Citrate, Saline Laxative, Lemon, 10 oz.	1 ct.	\$4.75
6033	Meclizine Motion Sickness Tablets, 12.5 mg.	100 ct.	\$7.50
4442	Metamucil® Fiber Gummies	72 ct.	\$26.00
4441	Metamucil® Fiber Thins, 4 gm.	24 ct.	\$15.50
5292	Metamucil®, Orange, 114 dose, 48 oz.	1 ct.	\$33.00
5290	Metamucil®, Sugar-Free Orange, 72 dose, 15 oz.	1 ct.	\$26.00
5697	Methylcellulose Fiber Therapy, 16 oz.	1 ct.	\$13.00
5795	Milk of Magnesia, 12 oz.	1 ct.	\$5.00
5033	Natural Vegetable Laxative (Psyllium), 13 oz.	1 ct.	\$11.00
6037	Natural Vegetable Laxative (Psyllium), 30.4 oz.	1 ct.	\$17.00
6038	Natural Vegetable Laxative, Sugar-Free (Psyllium), 15 oz.	1 ct.	\$14.00
5056	Nexium®, 20 mg.*	14 ct.	\$17.00
5025	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	14 ct.	\$9.50
5863	Omeprazole Acid Reducer, Delayed Release Tablets, 20 mg.*	42 ct.	\$24.00
5864	Omeprazole Acid Reducer, Delayed Release, Dissolvable Tablets, 20 mg.*	42 ct.	\$24.00
5217	Pepcid® AC, 10 mg.*	30 ct.	\$16.00
5286	Pepto-Bismol®, 525 mg., 8 oz.	1 ct.	\$7.50
5287	Pepto-Bismol®, 525 mg., 16 oz.	1 ct.	\$13.50
5289	Pepto-Bismol® Tablets, 262 mg.	30 ct.	\$9.00
5696	Polyethylene Glycol Powder Laxative, 8.3 oz.	1 ct.	\$16.00
5288	Prilosec OTC®, 20 mg.*	14 ct.	\$18.00
5212	Senna + Laxative Tablets, 50 mg., 8.6 mg.	60 ct.	\$4.50
5062	Stomach Relief Liquid, 525 mg., 8 oz.	1 ct.	\$5.50
5336	Stomach Relief Tablets, 262 mg.	30 ct.	\$5.00
4446	Tagamet HB 200®, 200 mg.	30 ct.	\$15.00
5361	Tucks® Medicated Cooling Pads, 50%	100 ct.	\$14.00
4445	TUMS® Chewy Bites Extra Strength, 750 mg.	32 ct.	\$11.00
5800	TUMS® Extra Strength, 750 mg.	96 ct.	\$8.50
4147	TUMS® Smoothies Extra Strength, 750 mg.	60 ct.	\$10.00
4480	TUMS® Smoothies Extra Strength, 750 mg.	140 ct.	\$18.00

Please note that the prices shown do not include sales tax.

Item #	Description	Count	Price
Digestive Health			
4146	TUMS® Ultra Strength, 1,000 mg.	72 ct.	\$10.00
5247	Vitafusion® Fiber Gummy†	90 ct.	\$19.50
Eye & Ear Care			
5004	Artificial Tears Drops, 0.5 oz.	1 ct.	\$8.50
5031	Ear Dry Drops, 1 oz.	1 ct.	\$7.50
5815	Ear Pain Relief Ear Drops, 10 ml.	1 ct.	\$12.50
5166	Ear Syringe	1 ct.	\$2.25
5189	Earwax Removal Drops, 6.5%, 0.5 oz.	1 ct.	\$4.50
5704	Earwax Removal System with Rubber Bulb, 6.5%	1 ct.	\$9.50
5138	Eye Wash Solution, 3.9 oz.	1 ct.	\$8.00
5041	Irritation Relief Eye Drops, 0.5 oz.	1 ct.	\$7.75
4096	Lubricating Eye Drops, 0.4%, 0.5 oz.	1 ct.	\$10.00
4104	Lubricating Eye Drops, Refresh Plus®, 0.5%, 0.01 oz.	50 ct.	\$29.00
4105	Lubricating Eye Drops, Refresh Tears®, 15 ml.	1 ct.	\$20.00
5705	Multi-Purpose Contact Lens Solution, 12 oz.	1 ct.	\$8.00
4469	Ocusoft® Eyelid Scrub Cleanser Pads	30 ct.	\$22.50
4458	Olopatadine Once Daily Eye Allergy Relief, 0.2%, 2.5 ml.	1 ct.	\$15.00
5473	Pain Relief Mask, Gel	1 ct.	\$9.00
5513	Reading Glasses, Diopter +1.0	1 ct.	\$6.00
5514	Reading Glasses, Diopter +1.25	1 ct.	\$6.00
5515	Reading Glasses, Diopter +1.5	1 ct.	\$6.00
5516	Reading Glasses, Diopter +1.75	1 ct.	\$6.00
5517	Reading Glasses, Diopter +2.0	1 ct.	\$6.00
5518	Reading Glasses, Diopter +2.25	1 ct.	\$6.00
5519	Reading Glasses, Diopter +2.5	1 ct.	\$6.00
5520	Reading Glasses, Diopter +2.75	1 ct.	\$6.00
5521	Reading Glasses, Diopter +3.0	1 ct.	\$6.00
5522	Reading Glasses, Diopter +3.25	1 ct.	\$6.00
5523	Reading Glasses, Diopter +3.5	1 ct.	\$6.00
4041	Reading Glasses, Diopter +3.75	1 ct.	\$6.00
5524	Reading Glasses, Diopter +4.0	1 ct.	\$6.00
5048	Redness Relief Eye Drops, 0.5 oz.	1 ct.	\$4.50

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Item #	Description	Count	Price
Eye & Ear Care			
5706	Stye Eye Compress	1 ct.	\$11.50
5707	Stye Eye Ointment, 3.5 gm.	1 ct.	\$11.00
5494	Visine® Redness Relief Drops, 0.5 oz.	1 ct.	\$12.00
Feminine Care			
5619	Estroven® Menopause Relief ^f	30 ct.	\$20.00
4155	Feminine Anti-Itch Cream, 20%, 1 oz.	1 ct.	\$3.75
First Aid & Medical Supplies			
5404	Adhesive First Aid Tape*	1 ct.	\$3.75
5816	Antiseptic Skin Cleanser, 8 oz.	1 ct.	\$11.00
6005	Antiseptic Towelettes	100 ct.	\$6.00
5798	Bacitracin Ointment, 1 oz.	1 ct.	\$5.00
5698	Bactine® Solution, 5 oz.	1 ct.	\$10.00
5151	Bandage, Stretch Gauze*	1 ct.	\$4.50
5173	Bandages, Assorted*	100 ct.	\$7.50
4476	Bandages, Assorted Fabric*	100 ct.	\$9.50
4061	Bandages, Finger & Knuckle	20 ct.	\$6.00
4093	Bandages, Knuckle	100 ct.	\$7.50
5203	Benadryl® Cream, 1 oz.	1 ct.	\$9.00
5547	Burn Relief Spray, 4 oz.	1 ct.	\$7.00
5199	Butterfly Closures	12 ct.	\$4.00
5066	Calamine Lotion, 6 oz.	1 ct.	\$5.00
5699	Caldyphen Clear Lotion Local Analgesic, 1%, 6 oz.	1 ct.	\$7.00
5192	Cotton Balls	100 ct.	\$4.75
5866	Cotton Tipped Applicator, 6"	1,000 ct.	\$10.00
5078	Diphenhydramine Anti-Itch Cream, 2%, 1.25 oz.	1 ct.	\$6.50
5194	Disposable Gloves, Nitrile, Small	100 ct.	\$19.00
5193	Disposable Gloves, Nitrile, Medium	100 ct.	\$19.00
5930	Disposable Gloves, Nitrile, X-Large	100 ct.	\$19.00
5867	First Aid Kit, 20 Pieces	1 ct.	\$4.50
5612	First Aid Kit, 75 Pieces	1 ct.	\$9.00
5711	First Aid Kit, 175 Pieces	1 ct.	\$17.00
5605	Flex Seal™ Spray Bandage, 1.35 oz.*	1 ct.	\$7.00

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Item #	Description	Count	Price
First Aid & Medical Supplies			
5459	Gauze Pad, Sterile*	100 ct.	\$11.00
5433	Gauze Sponges, 4" x 4"*	25 ct.	\$7.00
5526	Hot Cold Reusable Pack, 5" x 10"	1 ct.	\$4.00
5527	Hydrogen Peroxide, 3%, 4 oz.	1 ct.	\$2.50
5317	Ice Bag	1 ct.	\$8.00
4468	Kinesiology Tape	20 ct.	\$12.00
5045	Liquid Bandage, 0.3 oz.	1 ct.	\$9.00
4438	Naloxone Nasal Spray, Emergency Opioid Overdose Treatment, 4 mg., 0.1 ml.	2 ct.	\$45.00
5059	Neosporin® Ointment, 0.5 oz.	1 ct.	\$8.00
5250	Neosporin® Plus, 0.5 oz.	1 ct.	\$11.00
5712	Povidone Iodine Solution Antiseptic, 4 oz.	1 ct.	\$5.75
5817	Procedural Face Masks with Earloops	50 ct.	\$14.00
5131	Tape, Paper Surgical, 1" x 10 yd.*	1 ct.	\$2.50
6042	Tape, Paper Surgical, 2" x 10 yd.*	1 ct.	\$3.50
6043	Tape, Silk Surgical, 1" x 10 yd.*	1 ct.	\$2.50
6044	Tape, Silk Surgical, 2" x 10 yd.*	1 ct.	\$3.50
6045	Tape, Transparent Surgical, 1" x 10 yd.*	1 ct.	\$2.50
6046	Tape, Transparent Surgical, 2" x 10 yd.*	1 ct.	\$3.50
4082	Tegaderm™ Patches, 2.375" x 2.75"	8 ct.	\$14.00
5544	Toe Separator	6 ct.	\$8.50
4039	Triple Antibiotic + Pain Relief Ointment, 1 oz.	1 ct.	\$7.00
5869	Triple Antibiotic Ointment, 1 oz.	1 ct.	\$6.00
4453	Vaseline® Petroleum Jelly, 7.5 oz.	1 ct.	\$8.50
5121	Warm & Cold Water Bottle	1 ct.	\$9.00
Foot Care			
5818	Bunion Guard	1 ct.	\$9.00
5219	Callus Cushions	6 ct.	\$2.75
5216	Clotrimazole Athlete's Foot Cream, 1%, 1.5 oz.	1 ct.	\$4.00
5497	Compound W® Gel, 17%, 0.25 oz.	1 ct.	\$13.00
5196	Corn & Callus Remover, 0.33 oz.	1 ct.	\$6.00
6018	Corn Remover Pads	9 ct.	\$5.75
4461	Dr. Scholl's® Ingrown Toenail Pain Reliever Kit	12 ct.	\$17.00

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Item #	Description	Count	Price
Foot Care			
5543	Foot Powder, 4 oz.	1 ct.	\$4.75
5819	Hammer Toe Crest	1 ct.	\$10.00
4464	Kerasal® Fungal Nail Renewal, 0.33 oz.	1 ct.	\$30.00
5667	Lamb's Wool Padding	1 ct.	\$4.00
5164	Liquid Wart Remover, 0.31 oz.	1 ct.	\$6.00
5013	Lotrimin® AF Cream, 1%, 0.42 oz.	1 ct.	\$16.50
5158	Medicated Callus Removers	6 ct.	\$3.75
5431	Miconazole Nitrate, 2%, 1 oz.	1 ct.	\$6.00
5159	Moleskin Sheets	4 ct.	\$4.00
4216	Plantar Fasciitis Sleeve, Small	1 ct.	\$14.00
4217	Plantar Fasciitis Sleeve, Medium	1 ct.	\$14.00
4218	Plantar Fasciitis Sleeve, Large	1 ct.	\$14.00
4219	Plantar Fasciitis Sleeve, X-Large	1 ct.	\$14.00
5162	Tinactin® Cream, 1%, 0.5 oz.	1 ct.	\$17.00
4045	Toe Cushions, Foam (4-in-1)	1 pair	\$6.50
6049	Toe Protector, Small	1 ct.	\$8.00
6050	Toe Protector, Large	1 ct.	\$8.00
5165	Tolnaftate Antifungal Cream, 1%, 1.25 oz.	1 ct.	\$5.00
Hemorrhoidal Preparations			
5414	Hemorrhoid Ointment, 2 oz.	1 ct.	\$6.00
5076	Hemorrhoid Pad, 50%	100 ct.	\$8.00
5351	Hemorrhoid Suppository	12 ct.	\$6.75
4044	Preparation H® Cream, 1.8 oz.	1 ct.	\$25.00
5057	Preparation H® Ointment, 2 oz.	1 ct.	\$21.00
5820	Preparation H® Medicated Wipes	48 ct.	\$11.50
Home Diagnostic & Patient Aids			
5813	Activity Tracker	1 ct.	\$55.00
5602	Bathroom Scale, Dial ^{†§}	1 ct.	\$20.00
5119	Bathroom Scale, Digital ^{†§}	1 ct.	\$47.50
5814	Bathroom Scale, Digital Talking ^{†§}	1 ct.	\$55.00
5562	Blood Pressure Monitor, Manual [†]	1 ct.	\$20.00
5371	Blood Pressure Monitor, Upper Arm Automatic [†]	1 ct.	\$45.00

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Item #	Description	Count	Price
Home Diagnostic & Patient Aids			
4428	Blood Pressure Monitor, Upper Arm Automatic, Adult (8.6"-11.8") & X-Large Cuff (16.5"-18.8") [†]	1 ct.	\$60.00
4100	Blood Pressure Monitor, Upper Arm, Omron ^{®‡}	1 ct.	\$60.00
5573	Blood Pressure Monitor, Upper Arm Talking [†]	1 ct.	\$55.00
5370	Blood Pressure Monitor, Wrist [†]	1 ct.	\$40.00
4099	Blood Pressure Monitor, Wrist, Omron ^{®‡}	1 ct.	\$65.00
5872	Blood Pressure Monitor, Wrist Talking [†]	1 ct.	\$50.00
5100	Button & Zipper Aid	1 ct.	\$6.00
6013	Cast, Bandage & Wound Protector, Arm	2 ct.	\$14.00
6014	Cast, Bandage & Wound Protector, Leg	2 ct.	\$14.00
6019	CPAP Mask Wipes	72 ct.	\$12.00
6020	CPAP Pillow Fiber Filled	1 ct.	\$47.50
6021	CPAP Pillow Memory Foam	1 ct.	\$80.00
5709	Cushion, Foam Ring	1 ct.	\$20.00
5710	Cushion, Gel/Foam Seat	1 ct.	\$30.00
5873	Cushion, Lumbar	1 ct.	\$23.00
4053	Deep Tissue Therapy Wand	1 ct.	\$55.00
4002	Drug Disposal System, 4 oz.	1 ct.	\$7.50
5874	Elastic Mattress Cover, 80" x 36" x 6"	1 ct.	\$7.00
5201	Heart Rate Monitor Watch [†]	1 ct.	\$40.00
5778	HIV Test [†]	1 ct.	\$50.00
5503	Humidifier, Ultra-Sonic	1 ct.	\$55.00
5614	Humidifier, Ultra-Sonic, Crane [®]	1 ct.	\$65.00
5124	Kitchen Scale, Dial [†]	1 ct.	\$7.00
5821	Kitchen Scale, Digital [†]	1 ct.	\$25.00
5500	Long Handle Bath Sponge	1 ct.	\$12.00
6034	Medical ID Bracelet, Diabetic	1 ct.	\$11.00
6035	Medical ID Bracelet, Heart	1 ct.	\$11.00
4003	Medication Lock Box	1 ct.	\$45.00
5822	Medicine Bottle Opener with Magnifier	1 ct.	\$10.00
5639	Night Light	1 ct.	\$6.00
9998	OTC Rapid Antigen Test, COVID-19, 2-Pack	1 ct.	\$30.00
4141	Pedometer	1 ct.	\$15.00

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Item #	Description	Count	Price
Home Diagnostic & Patient Aids			
5692	Personal Steam Inhaler	1 ct.	\$53.00
5246	Pill Bottle Opener Aid	1 ct.	\$8.00
5242	Pill Box, 7 Day, 1 Time a Day	1 ct.	\$3.75
5210	Pill Box, 7 Day, 4 Times a Day	1 ct.	\$7.00
5508	Pill Box, 7 Day, AM & PM	1 ct.	\$9.00
5823	Pill Crusher with Storage	1 ct.	\$9.00
5824	Pill Cutter with Safety Shield	1 ct.	\$7.00
5096	Pulse Oximeter†	1 ct.	\$40.00
5098	Reaching Aid Device	1 ct.	\$16.00
5656	Shoe Horn	1 ct.	\$3.00
5415	Thermometer Probe Cover	30 ct.	\$3.00
5149	Thermometer, 60 Second	1 ct.	\$3.75
6048	Thermometer, Digital Ear	1 ct.	\$30.00
5172	Thermometer, Flex Tip	1 ct.	\$7.50
4436	Thermometer, No-Touch Temple	1 ct.	\$25.00
5627	Thermometer, Talking Ear & Forehead	1 ct.	\$48.50
Home Health Care			
4126	Cane Tip, 3/4"	1 ct.	\$4.00
5539	Cane, Adjustable Quad Bariatric*	1 ct.	\$37.00
5315	Cane, Adjustable Quad Standard*	1 ct.	\$22.00
6041	Cane, Adjustable Quad Large*	1 ct.	\$26.00
5538	Cane, Folding*	1 ct.	\$15.00
4075	Hypoallergenic Pillow	1 ct.	\$24.50
5491	Peak Flow Meter†	1 ct.	\$11.50
Incontinence Supplies			
5525	A&D Ointment, 4 oz.	1 ct.	\$6.25
4095	A&D Plus Vitamin E Ointment, 13 oz.	1 ct.	\$8.00
6001	Adult Briefs, Medium (Adhesive Closure), 32" to 44"*	24 ct.	\$18.00
6002	Adult Briefs, Large (Adhesive Closure), 44" to 58"*	24 ct.	\$20.00
6003	Adult Briefs, X-Large (Adhesive Closure), 58" to 63"*	20 ct.	\$20.00
5714	Attends® Discreet Men's Guard*	20 ct.	\$14.00
5715	Attends® Discreet Women's Ultimate Bladder Control Pad*	20 ct.	\$22.00

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Item #	Description	Count	Price
Incontinence Supplies			
5881	Attends® Discreet Women's Panty Liner*	28 ct.	\$11.00
5716	Attends® Discreet Women's Ultrathin Pad*	20 ct.	\$8.00
4416	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, Medium, 34" to 44"*	18 ct.	\$35.00
4417	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, Large, 44" to 58"*	16 ct.	\$35.00
4418	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, X-Large, 58" to 68"*	14 ct.	\$35.00
4419	Attends® Premier Disposable Underwear Pull-Up, Maximum Overnight Absorbency, XX-Large, 68" to 80"*	10 ct.	\$35.00
5717	Barrier Cream, 4 oz.	1 ct.	\$8.50
6011	Bedpan	1 ct.	\$3.00
5150	Bladder Control Pad, Adult*	14 ct.	\$7.00
4151	Bladder Control Pad, Heavy*	20 ct.	\$20.00
5720	Bladder Control Shaped Pad, Moderate Absorbency*	28 ct.	\$13.00
5718	Bladder Control Shaped Pad, Maximum Absorbency*	28 ct.	\$14.00
5719	Bladder Control Shaped Pad, Ultimate Absorbency*	28 ct.	\$17.00
6101	Depend® Briefs, Small/Medium (Adhesive Closure), 19" to 34"*	20 ct.	\$30.00
6102	Depend® Briefs, Large/X-Large (Adhesive Closure), 35" to 49"*	16 ct.	\$30.00
6106	Depend® Men's Disposable Underwear Pull-Up, Small/Medium*	19 ct.	\$30.00
6107	Depend® Men's Disposable Underwear Pull-Up, Large*	17 ct.	\$30.00
6108	Depend® Men's Disposable Underwear Pull-Up, X-Large*	15 ct.	\$30.00
6103	Depend® Women's Disposable Underwear Pull-Up, Small*	19 ct.	\$30.00
6104	Depend® Women's Disposable Underwear Pull-Up, Medium*	18 ct.	\$30.00
6105	Depend® Women's Disposable Underwear Pull-Up, Large*	17 ct.	\$30.00
5884	Disposable Underwear Pull-Up, X-Large, 58" to 68"*	14 ct.	\$17.00
5443	Lady's Washable Panty, Small*	1 ct.	\$21.00
5444	Lady's Washable Panty, Medium*	1 ct.	\$21.00
5445	Lady's Washable Panty, Large*	1 ct.	\$21.00
5446	Lady's Washable Panty, X-Large*	1 ct.	\$21.00
6030	Lantiseptic® Skin Protectant Ointment, 50%, 4 oz.	1 ct.	\$10.00
5440	Men's Washable Underwear, Small*	1 ct.	\$21.00
5441	Men's Washable Underwear, Medium*	1 ct.	\$21.00
5439	Men's Washable Underwear, Large*	1 ct.	\$21.00

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Item #	Description	Count	Price
Incontinence Supplies			
5442	Men's Washable Underwear, X-Large*	1 ct.	\$21.00
5885	No-Rinse Body Wash, 8 oz.	1 ct.	\$4.00
6040	Perineal Wash Rinse-Free, 8 oz.	1 ct.	\$4.75
6058	Underpad, Disposable, 23" x 24"*	50 ct.	\$16.50
5721	Underpad, Disposable, 23" x 36"*	15 ct.	\$12.00
5722	Underpad, Disposable, 30" x 30"*	10 ct.	\$11.50
6059	Underpad, Extra Absorbent Air Permeable, 30" x 36"*	5 ct.	\$14.50
4187	Urinal, Female	1 ct.	\$11.00
6032	Urinal, Male	1 ct.	\$3.75
5413	Zinc Oxide Ointment, 20%, 1 oz.	1 ct.	\$2.75
Pain Relief			
4423	Acetaminophen & Ibuprofen Dual Action Tablets, 250 mg., 125 mg.	36 ct.	\$8.00
4421	Acetaminophen Headache Powders	24 ct.	\$9.00
6066	Acetaminophen Plus Aspirin & Caffeine, 250 mg., 250 mg., 65 mg.	100 ct.	\$9.00
5428	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	50 ct.	\$5.00
6039	Acetaminophen PM Extra Strength Caplets, 500 mg., 25 mg.	100 ct.	\$9.00
5302	Acetaminophen Tablets, 325 mg.	100 ct.	\$4.00
4101	ActivICE™ Pain Relief Gel, 4 oz.	1 ct.	\$12.00
5054	Advil® LiquiGels, 200 mg.	20 ct.	\$10.00
4145	Advil® PM Caplets, 200 mg., 38 mg.	20 ct.	\$9.00
5053	Advil® Tablets, 200 mg.	50 ct.	\$15.00
5375	After Bite® Relief, 0.5 oz.	1 ct.	\$6.50
5243	Aleve® Caplets, 220 mg.	24 ct.	\$8.00
5256	Aleve® Caplets, 220 mg.	90 ct.	\$20.00
4040	Aspercreme® with Lidocaine, 4%, 2.7 oz.	1 ct.	\$13.00
4148	Aspercreme®, 10%, 3 oz.	1 ct.	\$11.00
5297	Aspirin Tablets, 325 mg.	100 ct.	\$5.00
5064	Aspirin, Enteric Coated Tablets, 325 mg.	100 ct.	\$5.50
5205	Bayer® Aspirin, 325 mg.	100 ct.	\$12.00
5493	Bengay® Cream, 2 oz.	1 ct.	\$8.50
4466	Biofreeze® Pain Relief Roll-On, 4%, 2.5 oz.	1 ct.	\$16.00
4465	Biofreeze® Pain Relieving Spray, 10.5%, 3 oz.	1 ct.	\$15.00

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Item #	Description	Count	Price
Pain Relief			
5251	Capsaicin Cream, 0.025%, 2.1 oz.	1 ct.	\$7.00
4007	Capsaicin Heat Patch, 0.025%	2 ct.	\$3.00
5080	Cold Hot Medicated Patch	5 ct.	\$9.75
4038	Diclofenac Arthritis Pain Relief Gel, 1%, 3.53 oz.	1 ct.	\$15.00
4013	Eagle Brand Medicated Oil, 24 ml.	1 ct.	\$12.00
4014	Eagle Brand Medicated Oil, Lavender, 24 ml.	1 ct.	\$13.00
5363	Ecotrin® Enteric Coated Aspirin Tablets, 325 mg.	125 ct.	\$10.50
5011	Excedrin® Migraine Tablets, 250 mg., 250 mg., 65 mg.	24 ct.	\$9.50
5314	Fast Freeze® Pain Relief Spray, 4 oz.	1 ct.	\$11.50
6027	Heating Pad Digital, 12" x 15"*	1 ct.	\$45.00
5472	Heating Pad, 12" x 15"*	1 ct.	\$25.00
5726	Heating Pad, X-Large, 12" x 24"*	1 ct.	\$40.00
5725	Heating Pad Wrap For Shoulder, Neck & Back, 25" x 26"*	1 ct.	\$70.00
5886	HeatWraps, Back & Hip	2 ct.	\$8.00
5887	HeatWraps, Neck & Shoulder	3 ct.	\$8.00
5020	Ibuprofen Chewables, 100 mg.	24 ct.	\$7.00
5401	Ibuprofen Liquid Gels, 200 mg.	20 ct.	\$4.75
5093	Ibuprofen Tablets, 200 mg.	50 ct.	\$5.00
4108	Icy Hot® Pain Relief Cream, 1.25 oz.	1 ct.	\$6.50
5342	Icy Hot® Pain Relief Roll-On, 16%, 2.5 oz.	1 ct.	\$10.00
5341	Icy Hot® Patch, 5%	5 ct.	\$10.00
4150	Lidocaine Pain Relief Cream, 4%, 2.7 oz.	1 ct.	\$8.00
5888	Lidocaine Patch, 4%	5 ct.	\$10.50
4008	Medicated Pain Relief Patch	60 ct.	\$9.00
4009	Medicated Pain Relief Patch, Large	6 ct.	\$10.00
5826	Menthol Gel, 8 oz.	1 ct.	\$7.75
5457	Muscle Rub Cream, 1.25 oz.	1 ct.	\$4.00
5017	Naproxen Sodium Caplets, 220 mg.	50 ct.	\$6.50
5889	Naproxen Sodium Caplets, 220 mg.	90 ct.	\$9.00
4107	Salonpas® Deep Pain Relief Gel, 2.75 oz.	1 ct.	\$12.50
5383	Salonpas® Patch	6 ct.	\$13.50
4106	Salonpas® Patch, Lidocaine, 4%	6 ct.	\$15.00

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Item #	Description	Count	Price
Pain Relief			
4103	Salonpas® Patch, Small	60 ct.	\$15.00
4015	Siang Pure Oil Original Red Formula, 7 ml.	1 ct.	\$12.50
5366	Tens Unit, Analog	1 ct.	\$44.00
4036	Tens Unit, Digital	1 ct.	\$50.00
4019	Tiger Balm® Liniment, 2 oz.	1 ct.	\$11.00
5318	Tiger Balm® Muscle Rub, 2 oz.	1 ct.	\$9.50
4018	Tiger Balm® Ointment, Extra Strength, 0.63 oz.	1 ct.	\$8.00
4020	Tiger Balm® Ointment, Ultra Strength, 1.7 oz.	1 ct.	\$14.00
4016	Tiger Balm® Patch, Regular	5 ct.	\$10.00
4017	Tiger Balm® Patch, Large	4 ct.	\$13.00
4449	Tylenol® Arthritis Pain Tablets, 650 mg.	225 ct.	\$36.50
4448	Tylenol® Extra Strength Tablets, 500 mg.	225 ct.	\$33.00
5425	Tylenol® PM Extra Strength Tablets, 500 mg.	24 ct.	\$12.00
5424	Tylenol® Regular Strength Tablets, 325 mg.	100 ct.	\$13.50
6065	Urinary Pain Relief, 95 mg.	30 ct.	\$9.50
4481	Voltaren® Arthritis Pain Relief Gel, 1%, 3.53 oz.	1 ct.	\$27.00
5727	Wellpatch® Migraine	4 ct.	\$7.00
Pediculicide (Lice Treatment)			
5411	Lice Comb	1 ct.	\$1.75
5827	Lice Elimination Kit	1 kit	\$24.00
5024	Lice Treatment Shampoo, 4%, 4 oz.	1 ct.	\$11.00
Personal Care			
4463	Lotrimin® Jock Itch Spray Powder, 2%, 4.6 oz.	1 ct.	\$16.50
4130	Medicated Body Powder, 8 oz.	1 ct.	\$4.00
4467	Scalpicin® Scalp Itch-Relief, 1%, 1.5 oz.	1 ct.	\$12.00
Rehabilitation, Therapy & Exercise			
6078	Eating Utensils, Weighted & Bendable	1 set	\$49.00
6067	Exercise Resistance Band, X-Light	1 ct.	\$4.00
6068	Exercise Resistance Band, Light	1 ct.	\$4.00
6069	Exercise Resistance Band, Medium	1 ct.	\$4.00
6070	Exercise Resistance Band, Heavy	1 ct.	\$4.00
6071	Exercise Resistance Band, X-Heavy	1 ct.	\$4.00

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Item #	Description	Count	Price
Rehabilitation, Therapy & Exercise			
6072	Exercise Resistance Band, 2X-Heavy	1 ct.	\$4.00
4026	Gel Hand Exerciser Ball, Extra Soft	1 ct.	\$10.00
4027	Gel Hand Exerciser Ball, Soft	1 ct.	\$10.00
4028	Gel Hand Exerciser Ball, Medium	1 ct.	\$10.00
4029	Gel Hand Exerciser Ball, Firm	1 ct.	\$10.00
4030	Gel Hand Exerciser Ball, Extra Firm	1 ct.	\$10.00
4031	Gel Hand Exerciser Ball, Set of 5 Resistances	1 ct.	\$40.00
4034	Hand Weight, 1 lb.	1 ct.	\$24.00
4035	Hand Weight, 2 lb.	1 ct.	\$24.00
6073	Pedal Exerciser	1 ct.	\$50.00
6074	Rehab & Hip Kit (Reacher, Shoehorn, Sock Aid, Bath Sponge)	1 ct.	\$24.00
6075	Shoulder Pulley	1 ct.	\$17.00
6076	Sock Aid	1 ct.	\$6.00
6077	Stretch Strap	1 ct.	\$14.00
4033	Wrist & Ankle Cuff Weight, 1 lb.	1 ct.	\$24.00
4032	Wrist & Ankle Cuff Weight, 2.5 lb.	1 ct.	\$24.00
Skin Care			
5397	Acne Gel Benzoyl Peroxide, 10%, 1.5 oz.	1 ct.	\$7.50
4097	Aloe Vera Gel, 16 oz.	1 ct.	\$6.00
5890	Ammonium Lactate Moisturizing Lotion, 12%, 8 oz.	1 ct.	\$10.00
5620	Anti-Bacterial Bar Soap	1 ct.	\$2.50
5432	Anti-Bacterial Liquid Soap Pump, 7.5 oz.	1 ct.	\$6.00
4452	Aveeno® Eczema Therapy Cream, 5 oz.	1 ct.	\$16.50
5091	Dry Skin Cream, 16 oz.	1 ct.	\$11.50
4143	Hand Sanitizer Gel, 2 oz.	1 ct.	\$3.00
5924	Hand Sanitizer Gel, 8 oz.	1 ct.	\$5.00
5486	Insect Repellent, Cutter® Backwoods, 6 oz.	1 ct.	\$10.00
6036	Moisturizing Body Lotion with Aloe, 8 oz.	1 ct.	\$8.00
5665	Sunscreen, SPF 30, 4 oz.	1 ct.	\$8.00
Sleep Aids			
5074	Diphenhydramine Sleep Tablets	50 ct.	\$7.00
5891	Nasal Strips, Medium	30 ct.	\$13.00

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Item #	Description	Count	Price
Sleep Aids			
5892	Nasal Strips, Large	30 ct.	\$13.00
5340	Unisom® Tablets, 25 mg.	16 ct.	\$10.00
Supports & Braces			
5395	Ankle Support	1 ct.	\$4.00
5146	Anti-Embolism Stockings, Small	1 pair	\$6.00
5148	Anti-Embolism Stockings, Medium	1 pair	\$6.00
5560	Anti-Embolism Stockings, Large	1 pair	\$6.00
5147	Anti-Embolism Stockings, X-Large	1 pair	\$6.00
5120	Arm Sling	1 ct.	\$11.00
5207	Arthritis Gloves, Small	1 pair	\$24.00
5208	Arthritis Gloves, Medium	1 pair	\$24.00
5209	Arthritis Gloves, Large	1 pair	\$24.00
6006	Arthritis Knee Sleeve, Small	1 ct.	\$24.00
6007	Arthritis Knee Sleeve, Medium	1 ct.	\$24.00
6008	Arthritis Knee Sleeve, Large	1 ct.	\$24.00
6009	Arthritis Knee Sleeve, X-Large	1 ct.	\$24.00
5894	Back Support Elastic with Lumbar	1 ct.	\$27.50
6090	Back Support with Suspenders, Small	1 ct.	\$19.50
6091	Back Support with Suspenders, Medium	1 ct.	\$19.50
6092	Back Support with Suspenders, Large	1 ct.	\$19.50
6093	Back Support with Suspenders, X-Large	1 ct.	\$19.50
5604	Back Support, Universal	1 ct.	\$25.00
5407	Carpal Tunnel Glove, Small	1 ct.	\$29.00
5408	Carpal Tunnel Glove, Medium	1 ct.	\$29.00
5409	Carpal Tunnel Glove, Large	1 ct.	\$29.00
5470	Carpal Tunnel Night Brace	1 ct.	\$30.00
5895	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Medium (Shoe Size 6-8) [†]	1 pair	\$16.00
5896	Compression Knee-High Socks, 15-20 mmHg, Men's Black, Large (Shoe Size 7.5-11) [†]	1 pair	\$16.00
5897	Compression Knee-High Socks, 15-20 mmHg, Men's White, Medium (Shoe Size 6-8) [†]	1 pair	\$16.00
5898	Compression Knee-High Socks, 15-20 mmHg, Men's White, Large (Shoe Size 7.5-11) [†]	1 pair	\$16.00

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Item #	Description	Count	Price
Supports & Braces			
5729	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Small (Shoe Size 4-5) [†]	1 pair	\$16.00
5899	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Medium (Shoe Size 5.5-7.5) [†]	1 pair	\$16.00
5900	Compression Knee-High Socks, 8-15 mmHg, Women's Beige, Large (Shoe Size 8-10.5) [†]	1 pair	\$16.00
5728	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Small (Shoe Size 4-5) [†]	1 pair	\$16.00
5901	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Medium (Shoe Size 5.5-7.5) [†]	1 pair	\$16.00
5902	Compression Knee-High Socks, 8-15 mmHg, Women's Black, Large (Shoe Size 8-10.5) [†]	1 pair	\$16.00
5903	Deluxe Criss Cross Back Support, Small, 28" to 32"	1 ct.	\$23.00
5904	Deluxe Criss Cross Back Support, Medium, 33" to 37"	1 ct.	\$23.00
5905	Deluxe Criss Cross Back Support, Large, 38" to 42"	1 ct.	\$23.00
6024	Elastic Bandage, 2" x 4.5 yd.*	1 ct.	\$1.75
5398	Elastic Bandage, 3" x 5 yd.*	1 ct.	\$1.75
5152	Elastic Bandage, 4" x 5 yd.*	1 ct.	\$1.75
6025	Elastic Bandage, 6" x 5 yd.*	1 ct.	\$3.75
5906	Heel & Elbow Protector, Small	1 ct.	\$16.50
5907	Heel & Elbow Protector, Medium	1 ct.	\$16.50
5908	Heel & Elbow Protector, Large	1 ct.	\$16.50
5909	Heel & Elbow Protector, X-Large	1 ct.	\$16.50
5732	Hip Protector, Small	1 ct.	\$36.50
5731	Hip Protector, Medium	1 ct.	\$36.50
5730	Hip Protector, Large	1 ct.	\$36.50
5733	Hip Protector, X-Large	1 ct.	\$36.50
5734	Knee Stabilizer	1 ct.	\$21.00
5735	Knee Support, Elastic, Small	1 ct.	\$7.00
5736	Knee Support, Elastic, Small with Stays	1 ct.	\$17.50
5910	Knee Support, Elastic, Medium	1 ct.	\$7.00
5911	Knee Support, Elastic, Medium with Stays	1 ct.	\$17.50
5912	Knee Support, Elastic, Large	1 ct.	\$7.00
5913	Knee Support, Elastic, Large with Stays	1 ct.	\$17.50

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Item #	Description	Count	Price
Supports & Braces			
5914	Protective Arm Sleeve, Small	1 pair	\$18.00
5915	Protective Arm Sleeve, Medium	1 pair	\$18.00
5916	Protective Arm Sleeve, Large	1 pair	\$18.00
5917	Protective Arm Sleeve, X-Large	1 pair	\$18.00
5737	Rib Belt, Female, One Size Fits Most	1 ct.	\$16.00
5738	Rib Belt, Male, One Size Fits Most	1 ct.	\$16.00
5391	Support, Knee with U-Buttress, Medium	1 ct.	\$30.00
5392	Support, Knee with U-Buttress, Large	1 ct.	\$30.00
5388	Support, Knee with U-Buttress, X-Large	1 ct.	\$30.00
6047	Tennis Elbow Support	1 ct.	\$9.00
5561	Thumb Brace	1 ct.	\$13.00
4077	Wrist Compression, Small	1 ct.	\$10.00
4078	Wrist Compression, Medium	1 ct.	\$10.00
4079	Wrist Compression, Large	1 ct.	\$10.00
5389	Wrist Support	1 ct.	\$6.00
Vitamins & Dietary Supplements			
5068	Antioxidant Tablets [†]	50 ct.	\$7.00
6012	Beta Carotene, 7,500 mcg. [†]	100 ct.	\$8.00
5359	Biotin Gummy, 5,000 mcg. [†]	60 ct.	\$12.50
4426	Biotin Gummy, Sugar-Free, 5,000 mcg. [†]	60 ct.	\$13.50
5300	Calcium, 600 mg. [†]	60 ct.	\$7.00
5355	Calcium + Vitamin D3 Gummy, 500 mg., 25 mcg. [†]	60 ct.	\$14.00
5739	Calcium Chew, Chocolate, 650 mg. [†]	60 ct.	\$11.00
5181	Calcium, Oyster Shell, 500 mg. [†]	100 ct.	\$6.00
4056	Centrum® Adults 50+ Gummy [†]	90 ct.	\$18.00
4474	Centrum® Silver Men Vitamins [†]	200 ct.	\$30.00
4473	Centrum® Silver Women Vitamins [†]	200 ct.	\$30.00
5000	Centrum® Vitamins [†]	130 ct.	\$25.00
4037	Chromium Picolinate, 200 mcg. [†]	100 ct.	\$6.00
5402	Cod Liver Softgels, 400 mg. [†]	100 ct.	\$8.00
5306	Daily Multivitamin [†]	100 ct.	\$3.00
5918	Daily Multivitamin Gummy [†]	120 ct.	\$15.00

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Item #	Description	Count	Price
Vitamins & Dietary Supplements			
4424	Daily Multivitamin Gummy, Sugar-Free [†]	60 ct.	\$14.50
6063	DHEA Hormonal Supplement, 25 mg. [†]	90 ct.	\$9.50
5448	Eye Supplement Tablets [†]	60 ct.	\$7.00
5740	Ferrous Gluconate Iron Supplement, 240 mg. [†]	100 ct.	\$4.25
5299	Ferrous Sulfate Iron Supplement, 325 mg. [†]	100 ct.	\$6.00
5271	Flaxseed Oil Softgels, 1,000 mg. [†]	100 ct.	\$9.50
5071	Folic Acid, 400 mcg. [†]	100 ct.	\$3.00
5668	Folic Acid, 800 mcg. [†]	100 ct.	\$4.75
6026	Glucosamine (Joint Health Support), 500 mg. [†]	60 ct.	\$9.00
5176	Glucosamine Chondroitin, 1,500 mg., 1,200 mg. [†]	60 ct.	\$20.00
5919	Immune Support Chewables [†]	50 ct.	\$11.00
4081	Leg Cramps Pain Relief Caplets [†]	40 ct.	\$12.00
5436	Lutein, 20 mg. [†]	60 ct.	\$12.00
5742	Magnesium, 250 mg. [†]	100 ct.	\$6.00
5328	Magnesium, 500 mg. [†]	100 ct.	\$11.00
4230	Magnesium Oxide, 400 mg. [†]	120 ct.	\$8.00
5273	Melatonin, 3 mg. [†]	90 ct.	\$10.00
4456	Nature Made® B-12, Sublingual, 1,000 mcg. [†]	50 ct.	\$14.00
4457	Nature Made® B-Complex + Vitamin C [†]	100 ct.	\$15.00
4454	Nature Made® Calcium + Vitamin D3 Tablets, 600 mg. [†]	60 ct.	\$16.00
4455	Nature Made® Vitamin D3 Tablets , 25 mcg. [†]	100 ct.	\$13.00
4459	Nervive® Nerve Health Tablets [†]	30 ct.	\$32.50
5743	Niacin, 100 mg. [†]	100 ct.	\$4.50
5184	Niacin, 500 mg. [†]	100 ct.	\$6.00
5255	Niacin Flush Free, 500 mg. [†]	100 ct.	\$14.00
5920	One Daily Men's Multivitamin [†]	100 ct.	\$8.50
5186	One Daily Women's Multivitamin [†]	100 ct.	\$8.50
5174	Potassium Gluconate, 595 mg. [†]	100 ct.	\$5.50
4447	PreserVision® AREDS 2 Eye Vitamin & Mineral Supplement [†]	60 ct.	\$27.00
5744	Rena-Vite [†]	100 ct.	\$7.00
5226	Selenium, 200 mcg. [†]	60 ct.	\$5.00
5132	Senior Multivitamin [†]	90 ct.	\$7.00

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Item #	Description	Count	Price
Vitamins & Dietary Supplements			
4005	Senior Men's Multivitamin [†]	100 ct.	\$11.00
4006	Senior Women's Multivitamin [†]	100 ct.	\$11.50
5921	Stress Formula Tablets with Zinc [†]	60 ct.	\$5.00
5065	Vitamin A, 3,000 mcg. [†]	100 ct.	\$6.50
5745	Vitamin B-1, 100 mg. [†]	100 ct.	\$6.00
5308	Vitamin B-12, 100 mcg. [†]	100 ct.	\$4.00
5746	Vitamin B-12, 500 mcg. [†]	100 ct.	\$6.50
5922	Vitamin B-12, Sublingual, 5,000 mcg. [†]	30 ct.	\$10.00
4098	Vitamin B-50 Complex [†]	60 ct.	\$8.00
5747	Vitamin B-6, 100 mg. [†]	100 ct.	\$6.00
5305	Vitamin B-Complex [†]	100 ct.	\$4.00
5179	Vitamin B-Complex + Vitamin C [†]	100 ct.	\$7.00
5248	Vitamin B-Complex Gummy [†]	70 ct.	\$12.00
5301	Vitamin C, 500 mg. [†]	100 ct.	\$9.00
5748	Vitamin C, 1,000 mg. [†]	100 ct.	\$12.50
5492	Vitamin C Gummy, 250 mg. [†]	60 ct.	\$12.00
5175	Vitamin D3, 10 mcg. [†]	100 ct.	\$3.75
5356	Vitamin D3 Gummy, 50 mcg. [†]	60 ct.	\$12.00
4425	Vitamin D3 Gummy, Sugar-Free, 50 mcg. [†]	60 ct.	\$12.50
5750	Vitamin E, 45 mg. [†]	100 ct.	\$5.50
5269	Vitamin E, 180 mg. [†]	100 ct.	\$10.75
5274	Zinc Tablets, 50 mg. [†]	100 ct.	\$7.50

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Item #	Description	Count	Price
Food			
7218	Allspice, 1 oz.	1 ct.	\$4.50
7001	Almond Butter Smooth, 10 oz.	1 ct.	\$13.00
7143	Almond Milk, 32 oz.	1 ct.	\$7.00
7002	Almonds, 5 oz.	1 ct.	\$7.00
7207	Apricots, 15 oz.	1 ct.	\$4.00
7122	Avocado Oil, 16 oz.	1 ct.	\$14.00
7176	Baby Corn, 15 oz.	1 ct.	\$3.50
7152	Baked Beans, 16 oz.	1 ct.	\$3.50
7194	Baking Powder, 7 oz.	1 ct.	\$5.50
7195	Baking Soda, 16 oz.	1 ct.	\$3.00
7231	Balsamic Vinegar, 8 oz.	1 ct.	\$5.00
7006	Beef Stew, 15 oz.	1 ct.	\$4.50
7007	Beefaroni, 7 oz.	1 ct.	\$3.50
7008	Beets, Sliced, 14.5 oz.	1 ct.	\$3.00
7111	Black Beans, 15 oz.	1 ct.	\$2.50
7240	Blackeye Peas, 15 oz.	1 ct.	\$2.50
4477	Boost® Chocolate Shake, 8 oz.	6 ct.	\$20.00
4478	Boost® Vanilla Shake, 8 oz.	6 ct.	\$20.00
7164	Bread Crumbs, 15 oz.	1 ct.	\$4.00
7010	Canola Oil, 16 oz.	1 ct.	\$7.50
7127	Carrots, 14.5 oz.	1 ct.	\$3.50
7223	Cayenne Pepper, 1.5 oz.	1 ct.	\$3.50
7011	Cheerios™, 8.9 oz.	1 ct.	\$7.50
7012	Chewy Granola Bars, 8.4 oz.	8 ct.	\$5.75
7229	Chia Seed, 1.5 oz.	1 ct.	\$2.00
7202	Chicken Breast Chunk, 10 oz.	1 ct.	\$5.50
7225	Chicken Noodle Soup, 10 oz.	1 ct.	\$4.50
7217	Chili Powder, 2 oz.	1 ct.	\$4.50
7188	Chili, 15 oz.	1 ct.	\$4.50
7018	Chunk Light Tuna in Water, 5 oz.	1 ct.	\$3.00
7020	Chunky Vegetable Soup, 18 oz.	1 ct.	\$4.00
7216	Cinnamon, Ground, 2 oz.	1 ct.	\$4.50

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Item #	Description	Count	Price
Food			
7021	Clam Chowder, 18 oz.	1 ct.	\$4.50
7144	Coconut Water, 16 oz.	1 ct.	\$3.25
7098	Coffee Creamer, 16 oz.	1 ct.	\$5.50
7022	Coffee, 11 oz.	1 ct.	\$9.50
7128	Coffee, Instant, 8 oz.	1 ct.	\$10.50
4443	Collard Greens, 14 oz.	1 ct.	\$4.50
7023	Coffee, Decaf, 11 oz.	1 ct.	\$9.50
7129	Coffee, Decaf Instant, 8 oz.	1 ct.	\$12.00
7205	Condensed Milk, 14 oz.	1 ct.	\$4.50
7046	Cooking Spray, 5 oz.	1 ct.	\$7.00
7130	Corn Flakes, 18 oz.	1 ct.	\$7.00
7150	Corn, 14 oz.	1 ct.	\$3.50
7131	Corn Oil, 16 oz.	1 ct.	\$5.50
7160	Corned Beef, 12 oz.	1 ct.	\$8.00
7222	Cranberry Sauce, Jellied, 14 oz.	1 ct.	\$4.50
7192	Cream of Chicken Soup, 10 oz.	1 ct.	\$3.25
7191	Cream of Mushroom Soup, 10 oz.	1 ct.	\$3.25
7226	Cream of Potato Soup, 10 oz.	1 ct.	\$4.00
7190	Cream of Wheat, 12 oz.	1 ct.	\$5.00
7233	Dried Apples, 3 oz.	1 ct.	\$8.00
7232	Dried Apricots, 6 oz.	1 ct.	\$8.00
7234	Dried Bananas, 4 oz.	1 ct.	\$8.00
7235	Dried Mangos, 3 oz.	1 ct.	\$10.00
7147	Ensure® Chocolate Shake, 8 oz.	6 ct.	\$20.00
7146	Ensure® Vanilla Shake, 8 oz.	6 ct.	\$20.00
7211	Extra Virgin Olive Oil, 8 oz.	1 ct.	\$12.00
7212	Flour, All Purpose, 32 oz.	1 ct.	\$5.00
7208	Fruit & Nut Mix, 6 oz.	1 ct.	\$6.00
7024	Fruit Cocktail, 14.5 oz.	1 ct.	\$3.50
7159	Garbanzo Beans, 15 oz.	1 ct.	\$2.50
7168	Garlic Powder, 3 oz.	1 ct.	\$3.50
7177	Gelatin, Cherry, 1.4 oz.	1 ct.	\$2.25

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Item #	Description	Count	Price
Food			
7178	Gelatin, Orange, 1.4 oz.	1 ct.	\$2.25
7179	Gelatin, Strawberry, 1.4 oz.	1 ct.	\$2.25
7153	Glucerna® Chocolate Shake, 8 oz.	6 ct.	\$20.00
7148	Glucerna® Vanilla Shake, 8 oz.	6 ct.	\$20.00
7241	Great Northern Beans, 15 oz.	1 ct.	\$2.50
7151	Green Beans, 14 oz.	1 ct.	\$3.50
7242	Green Chiles, 4 oz.	1 ct.	\$3.50
7206	Grits, 16 oz.	1 ct.	\$3.50
7220	Ham, Cooked, 16 oz.	1 ct.	\$8.00
7185	Honey, 12 oz.	1 ct.	\$7.00
7214	Hot Sauce, 3 oz.	1 ct.	\$2.00
7032	Instant Mashed Potatoes, 13.75 oz.	1 ct.	\$4.50
7033	Jelly, Grape, 20 oz.	1 ct.	\$4.50
7034	Jelly, Strawberry, 20 oz.	1 ct.	\$4.50
7154	Ketchup, 20 oz.	1 ct.	\$4.50
7174	Lima Beans, 15 oz.	1 ct.	\$3.00
7186	Mayonnaise, 12 oz.	1 ct.	\$5.50
7183	Microwave Popcorn	3 ct.	\$4.00
7121	Milk, Shelf Stable 2%, 32 oz.	1 ct.	\$5.00
7041	Mixed Nuts, 5 oz.	1 ct.	\$7.00
7161	Mixed Vegetables, 15 oz.	1 ct.	\$3.50
7230	Muffin Mix, Blueberry, 7 oz.	1 ct.	\$3.00
7193	Muffin Mix, Corn, 8 oz.	1 ct.	\$3.00
7201	Mushrooms, 4.5 oz.	1 ct.	\$3.50
7134	Nature Valley™ Granola Bars	12 ct.	\$7.50
7228	Nutella®, 7 oz.	1 ct.	\$4.50
7135	Oatmeal, Instant Packets	10 ct.	\$8.00
7044	Oats, Old Fashioned, 42 oz.	1 ct.	\$9.00
7045	Oats, Steel Cut, 24 oz.	1 ct.	\$8.00
7181	Olives, 6 oz.	1 ct.	\$4.50
7169	Onion Powder, 2.75 oz.	1 ct.	\$3.00
7219	Oregano, 1 oz.	1 ct.	\$4.50

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Item #	Description	Count	Price
Food			
7182	Pancake Mix, 16 oz.	1 ct.	\$5.00
7187	Pancake Syrup, 12 oz.	1 ct.	\$5.00
7215	Paprika, 2 oz.	1 ct.	\$4.50
7204	Parmesan Cheese, 8 oz.	1 ct.	\$5.00
7053	Pasta, Spaghetti, 16 oz.	1 ct.	\$3.50
7054	Pasta, Spaghetti, Gluten Free, 12 oz.	1 ct.	\$6.00
7055	Pasta, Ziti, 16 oz.	1 ct.	\$3.00
7056	Peaches, Sliced, 8.5 oz.	1 ct.	\$3.50
7057	Peanut Butter, Creamy, 16 oz.	1 ct.	\$5.50
7058	Peanut Butter, Crunchy, 16 oz.	1 ct.	\$5.50
7059	Pear Halves, 15 oz.	1 ct.	\$4.50
7137	Peas, 8.5 oz.	1 ct.	\$2.50
7061	Pineapple, Sliced, 8 oz.	1 ct.	\$3.75
7062	Pinto Beans, 16 oz.	1 ct.	\$2.50
7063	Potatoes, Diced, 15 oz.	1 ct.	\$3.50
7175	Prunes, 16 oz.	1 ct.	\$11.00
7065	Pumpkin, Canned, 15 oz.	1 ct.	\$4.50
7066	Raisin Bran®, 16 oz.	1 ct.	\$6.50
7173	Raisins, 9 oz.	1 ct.	\$4.50
7158	Ramen Noodle Soup, 3 oz.	1 ct.	\$1.75
7068	Red Kidney Beans, 15 oz.	1 ct.	\$3.50
7138	Rice Krispies, 12 oz.	1 ct.	\$7.00
7009	Rice, Brown, 28 oz.	1 ct.	\$5.50
7072	Rice, White, 28 oz.	1 ct.	\$5.50
7162	Rice, Yellow, 16 oz.	1 ct.	\$4.50
7227	Rosemary, 1 oz.	1 ct.	\$3.50
7209	Salad Dressing, French, 16 oz.	1 ct.	\$5.50
7074	Salad Dressing, Italian, 16 oz.	1 ct.	\$4.50
7076	Salad Dressing, Ranch, 16 oz.	1 ct.	\$4.50
7077	Salmon, Canned, 14.75 oz.	1 ct.	\$10.00
7184	Salt & Pepper	1 ct.	\$5.50
7165	Salt Substitute, 3 oz.	1 ct.	\$5.50

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Item #	Description	Count	Price
Food			
7141	Sandwich Crackers, Cheddar	8 pack	\$6.00
7078	Sardines, 4.4 oz.	1 ct.	\$4.00
7239	Seasoning Blend, Salt-Free, 2.5 oz.	1 ct.	\$5.50
7210	Soda Crackers, 8 oz.	1 ct.	\$3.50
7166	Soup Bouillon, Beef	6 ct.	\$2.50
7167	Soup Bouillon, Chicken	6 ct.	\$2.50
7163	Soy Sauce, 10 oz.	1 ct.	\$3.50
7107	Spaghetti Sauce, 24 oz.	1 ct.	\$5.00
7224	Spam®, 12 oz.	1 ct.	\$6.50
7238	Spinach, 13 oz.	1 ct.	\$4.00
7081	Splenda®, 1.75 oz.	1 ct.	\$6.50
7109	Steak & Vegetable Soup, 18.8 oz.	1 ct.	\$4.50
7236	Steak Sauce, 5 oz.	1 ct.	\$4.75
7085	Stevia In The Raw®, 3.5 oz.	1 ct.	\$8.00
7016	Stuffing Mix, 6 oz.	1 ct.	\$4.50
7087	Tea Bags	100 ct.	\$6.00
7088	Tea Bags, Decaf	48 ct.	\$10.00
4470	Thick-It® Food and Beverage Thickener, 10 oz.	1 ct.	\$11.00
7089	Tomato Paste, 12 oz.	1 ct.	\$3.00
7090	Tomatoes, Crushed, 15 oz.	1 ct.	\$4.00
7091	Tomatoes, Diced, 14.5 oz.	1 ct.	\$3.00
7140	Trail Mix, 16 oz.	1 ct.	\$9.00
4444	Turnip Greens, 14 oz.	1 ct.	\$4.50
7221	Vegetable Oil, 16 oz.	1 ct.	\$6.50
7101	Vienna Sausage, 4.6 oz.	1 ct.	\$2.50
7142	Wheat Crackers, 9 oz.	1 ct.	\$5.50
7095	Yams, 29 oz.	1 ct.	\$6.00
7096	Yellow Mustard, 8 oz.	1 ct.	\$3.00

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Item #	Description	Count	Price
Prepared Meals			
30127	Diabetic Friendly – Variety – 6 Meal Bundle	1 ct.	\$55.00
30128	Diabetic Friendly – Variety – 8 Meal Bundle	1 ct.	\$70.00
30125	Diabetic Friendly – Variety – 10 Meal Bundle	1 ct.	\$82.50
30039	General Wellness – Variety – 6 Meal Bundle	1 ct.	\$55.00
30040	General Wellness – Variety – 8 Meal Bundle	1 ct.	\$70.00
30037	General Wellness – Variety – 10 Meal Bundle	1 ct.	\$82.50
30171	Kosher – Variety – 6 Meal Bundle	1 ct.	\$55.00
30172	Kosher – Variety – 8 Meal Bundle	1 ct.	\$70.00
30169	Kosher – Variety – 10 Meal Bundle	1 ct.	\$82.50
30083	Low Sodium – Variety – 6 Meal Bundle	1 ct.	\$55.00
30084	Low Sodium – Variety – 8 Meal Bundle	1 ct.	\$70.00
30081	Low Sodium – Variety – 10 Meal Bundle	1 ct.	\$82.50
30199	Pureed – Variety – 6 Meal Bundle	1 ct.	\$55.00
30200	Pureed – Variety – 8 Meal Bundle	1 ct.	\$70.00
30197	Pureed – Variety – 10 Meal Bundle	1 ct.	\$82.50
30235	Vegetarian – Variety – 6 Meal Bundle	1 ct.	\$55.00
30236	Vegetarian – Variety – 8 Meal Bundle	1 ct.	\$70.00
30233	Vegetarian – Variety – 10 Meal Bundle	1 ct.	\$82.50

To learn more about prepared meals,
log in to Alterwood.NationsBenefits.com

Please note that the prices shown do not include sales tax.

Item #	Description	Sample Contents		Price
Fresh Produce				
10007	All Fruit	Apple Plum	Orange Pear	\$45.00
10006	All Veggie	Carrot Green Pepper Iceberg Lettuce Onion	Potato Snow Pea Zucchini	\$45.00
10009	Asian-Inspired Cuisine	Ginger Root Chinese Eggplant Napa Cabbage	Onion Squash Bok Choy	\$60.00
10012	Healthy Snacking	Apple Celery Cucumber Green Pepper	Orange Pear Snow Pea	\$45.00
10014	Latin-Inspired Cuisine	Avocado Carrot Chile Cucumber Green Pepper	Lime Onion Potato Tomato	\$50.00
10005	Mixed Fruit & Veggie	Apple Cucumber Green Pepper	Orange Pear Romaine Lettuce	\$45.00
10008	Mixed Fruit & Veggie 2	Apple Carrot Green Pepper	Pear Potato	\$45.00

*Under certain circumstances, these items may be covered under either Part B or Part D. When an item is covered by Part B or Part D due to particular circumstances, you would not use your Part C Supplemental OTC benefit to obtain this item because it is Medicare-covered in those circumstances.

‡Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. These items may be purchased only after discussing the purchase with your personal provider (or satisfying other requirements your plan may specify).

§Scales are available to members with congestive heart failure or liver disease, to monitor fluid retention.

Produce items listed are just examples. Final items selected are based on seasonality and sustainability and are subject to change without notice.

This product list is subject to change. Items, quantities, sizes, and values may change depending on availability. This information is not a complete description of the benefits. Items may vary based on the manufacturer and availability. Items may be added or removed at any time without notice. The brand names of the items are trademarks of each company. Item costs may change from year to year. Please review the product labeling and consult with your doctor with any health or medical questions. To see the most up-to-date version of the catalog, visit your Benefits Pro™ Portal. NationsBenefits reserves the right to limit the quantities of OTC items dispensed.



FASTEST Delivery Method

Order online through your **Benefits Pro™ Portal** at **Alterwood.NationsBenefits.com** or scan this QR code with your smartphone camera.



Download the **Benefits Pro™ App** to your mobile device



To Order by Mail – Fill Out Your Personal Information

For orders by mail, fill out the information below and use the back of this form to order products. *Mail orders will be processed in 5-7 days.*

Only this form will be used for orders. Alternate or non-standard forms are not acceptable and will result in an order not being placed. To ensure your order is processed correctly please write **LEGIBLY** and use **BLACK INK ONLY**.

Member ID		Date of Birth
First Name	Last Name	
Street #	Street Name	Apt./Suite #
City	State	Zip Code
Phone	Email	

Send the completed order form using the postage-paid envelope to:

NationsBenefits
1700 N. University Drive
Plantation, FL 33322

I understand that the phone numbers and/or emails I provided on this form may be used by NationsBenefits or any of its contracted parties to contact me about my account, my health benefit plan or related programs, or services provided to me.

IMPORTANT: Due to the added time to receive your request by mail, we encourage you to allow extra time when mailing your order. Your order will be processed in the benefit period that it is received. If you want your order applied to the current benefit period, we recommend placing your order online or by phone.

IMPORTANT: Only this form will be used for orders. Alternate or non-standard forms are not acceptable and will result in an order not being placed. To ensure your order is processed correctly please write **LEGIBLY** and use **BLACK INK ONLY**.

Order Your Products

ITEM #	DESCRIPTION	PRICE	QUANTITY	TOTAL
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
_____	_____	_____	_____	\$ _____
TOTAL ORDER AMOUNT				\$ _____

Applicable sales tax may be added to the order total and deducted from your available balance.

NOTE: Order forms will be processed during the benefit period in which they are received.
 If you have any questions or need assistance placing your order, please call NationsBenefits at **1-866-340-0627 (TTY: 711)**. Member Experience Advisors are available 8 a.m. - 8 p.m. local time. Language support services are available free of charge.

Notes:

You can use this page to write down helpful information for future orders such as item numbers, product descriptions, and any questions you may want to ask a Member Experience Advisor on your next call.

1700 N. University Drive
Plantation, FL 33322

Get started today!



Visit us online at
Alterwood.
NationsBenefits.com



Download the
Benefits Pro™ App to
your mobile device



Call us at
1-866-340-0627
(TTY: 711)



Complete and mail
an order form to
NationsBenefits



If you have any questions or need help placing your order, we're here for you.
Member Experience Advisors are available 8 a.m. - 8 p.m. local time.
Language support services are available if needed, free of charge.